

NATURE'S  
PERFECT TONIC

Something more than an ordinary tonic is required to restore health to a weakened, run-down system; the medicine must possess blood-purifying properties as well, because the weakness and impurity of the circulation is responsible for the poor physical condition. The blood does not contain the necessary quantity of rich, red corpuscles, and is therefore a weak, watery stream which cannot afford sufficient nourishment to sustain the system in ordinary health. A poorly nourished body cannot resist disease, and this explains why so many persons are attacked by a spell of sickness when the use of a good tonic would have prevented the trouble. In S. S. S. will be found both blood-cleansing and tonic qualities combined. It builds up weak constitutions by removing all impurities and germs from the blood, thus supplying a certain means for restoring strength and invigorating the system. The healthful, vegetable ingredients of which S. S. S. is composed make it splendidly suited to the needs of those systems which are delicate from any cause. It is Nature's Perfect Tonic, free from all harmful minerals, a safe and pleasant acting medicine for persons of every age. S. S. S. rids the body of that tired, worn-out feeling so common at this season, improves the appetite and digestion, tones up the stomach, acts with pleasing effects on the nervous system, and reinvigorates every portion of the body.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

EL PASO GIRL RIDER  
SCORES ELEANORA SEARS

"Eastern Girls Can't Handle Horses Like Westerners," Declares Girl

Says the Los Angeles Examiner:

Finding that the bridle paths and roads about Los Angeles were the most picturesque she ever had gone over, Miss Bella Redmond, declared to be one of the foremost horsewomen of the southwest, has joined the local riding colony, Miss Redmond, who came to Los Angeles on a vacation from New Mexico, declared yesterday that she had been so won by the city and its environs that she might remain here.

"Eleanora Sears is famous," Miss Redmond, who has been riding since she was 5 years old, and who won championships in the New Mexico, declares that by riding she does not mean "the tame sort, such as Miss Eleanora Sears called riding."

"If Miss Sears rode a horse which perhaps only one or two men ever had been able to manage and no woman had attempted to ride, then I would consider her somewhat of a rider," said Miss Redmond. "I was born in El Paso and I have seen eastern girls and western girls in the saddle. And it was very few eastern riders whom I ever have seen that could equal the girls of the west."

"The western girl manages a horse naturally and gracefully. An eastern girl does not."

"Cross country riding is more or less spectacular, but it lacks the courage and dash of riding bronches that are as wild as they are resourceful."

Miss Lucille Mulhall, of Oklahoma, has been called the champion woman rider of the world. Miss Redmond rode with her in El Paso eight years ago and won grand prizes for handling the horse as skillfully as Miss Mulhall did. Later Miss Redmond challenged Miss Mulhall to a riding contest for the championship, but she never was ranged.

Miss Redmond has two fine horses in New Mexico which she will have shipped to Los Angeles.

"I would feel lost without them," she declared, "if I were both of them and they are considered of the best in that section of New Mexico."

Look for the yellow wagon when you want baggage moved quick.

Phone 3 or 1001.

New summer neckwear at Bryan Bros.

## DAILY RECORD

## Building Permits.

To S. Johnson, to erect outside of building, 1816 Myrtle avenue, estimated cost \$60.

To Pedro Abogado, to erect two-story detached house, 1816 Myrtle avenue, estimated cost \$2,600; May 22, 1912.

Tradebridge, between Jefferson and Main streets—Government Hill company to Mrs. A. M. Wathall, lots 18 to 20, block 74, Government Hill; consideration \$525; June 6, 1912.

Curri and Hills, between North Oregon and North Stanton streets—G. W. O. Martin to D. M. Conway, one-fourth interest in west half of block 47, west half of block 76, and one-fourth interest in east half block 77, and 1-16 interest in block 56, Alexander's addition; consideration, assumption of the payment of one-half of three notes for sum of \$2000 each; June 17, 1912.

North Florence, between Boulevard and Montana street—D. M. Conway and Anabel R. Conway to G. W. O. Martin, lot 16, and one-half interest in lot 17, block 262, Campbell addition; consideration \$1 and other valuable consideration; June 17, 1912.

Wright avenue, between Grand View and California street—Milton H. Kleister to Edward D. Dodge, undivided one-half interest in lot 2, block 104, Franklin heights; consideration \$125; June 18, 1912.

Timothy O. Turner and Melitta Tafel.

Births—Girls.

To Mrs. J. N. Galt, corner of Fifth and Campbell streets; June 1.

Births—Boys.

To Mrs. Eugenio Lopez, 2107 Oklahoma street; June 17.

NIXON ESTATE DIVIDED

BETWEEN MOTHER AND SON.

Reno, Nev., June 19.—The will of the late senator George S. Nixon, filed today, gives half his estate to his widow and half to his son, George S. Nixon, when he arrives at the age of 35. The value of the estate is stated as "over \$500,000."

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## Cooking Secrets of a Famous Chef

By Emile Bailly, of the Hotel St. Regis, New York



and they are in every way harmless. An excellent French drink for summertime, and what might be called a family drink, is made of a little red wine, say half a wineglassful in a tumbler with a good dessert spoonful of grenadine and stir with a very good mineral water.

**Other Good Drinks.** Strawberry syrup, raspberry and syrups of other fruits can be obtained at home or obtained already bottled for about the same amount of money that it would cost to make them in quantity. These drinks should always be on hand in households where there are children and young people, and the use of these drinks should always be encouraged. They help to dispel the desire for alcohol in summer time.

Of course, I am not a teetotaler myself, but I should like to warn everyone who reads these lines against the use of mixed and sweetened alcoholic drinks in summer. It is the sugar that does most of the damage, setting up an immediate and dangerous fermentation in the stomach. The sugar, of course, has no detrimental effect on the brain, but it is very bad for the digestion and anyone who wants to take the trouble can accuse himself of being a teetotaler first with less sugar, and finally with none at all, or just enough to counteract the acid of the lemon.

One of our best French summer drinks is a syrup called d'orangeat, which is very popular as flavoring for mineral waters. Of course, these syrups are never served with ice water, and I believe the presence of ice, which paralyzes the palate, is one of the reasons why Americans insist on having food over flavored or seasoned, and on putting more syrups and flavor in their drinks than the inhabitants of other countries, who take just enough flavoring to change the taste of the spring water.

**Chicken Livers and Rice.**

This is an excellent summer dish, easy to prepare. The chicken livers, clean them, put them in a frying pan with butter and toss them until they begin to brown. Then add a little oil, season with salt and pepper, place in another dish with a little thick stock made of veal or chicken. Have ready some rice, prepared as I have

## THE ICE CREAM SODA GIRL

Drinks For the Summer Girl and a Hot Weather Dish.

EVERY Frenchman, especially a French chef, is appalled when he comes to this country, at the amount of ice water that the Americans drink, both in summer and winter.

We never know ice water until we come to this country, for ice in France is not only a luxury but it is an unnecessary and unheard of one. The Frenchman and Frenchwoman think too much of their digestion, and they appreciate the delicacy of taste which gives them the real enjoyment of good cooking so much that they would not risk either by deluging themselves with huge gulps of ice water.

**What It Does.** At the risk of displeasing you, I am going to tell you just what ice water does to you when you drink it before or during a meal.

You know that the stomach is lined with delicate glands which furnish the gastric juices. Ice water not only paralyzes these glands but it interferes with their proper function, but if food is already in the stomach the oil and grease float to the top of the water and coat the sides of the stomach thickly, rendering digestion impossible.

That is not a very nice thing to think of, but you can know that every time you drink a quantity of ice cold water you find it very bad for the nerves, and it is not in vogue in France. The Frenchman and Frenchwoman think too much of their digestion, and they appreciate the delicacy of taste which gives them the real enjoyment of good cooking so much that they would not risk either by deluging themselves with huge gulps of ice water.

**Never Ice Water.** Water should be taken at the temperature of a cold spring, but never ice; nature didn't intend us to drink ice water in summer and as a matter of fact cold water does more to increase the heat of the body than ice water does. The ice water is merely a shock, chilling one for the moment, and rendering the body which always tries to maintain the equilibrium, redoubles its effort to warm up its cooled tea seems to be another very regular summer drink, but personally I find it very bad for the nerves, and it is not in vogue in France.

During summer time, personally, I drink tea at about 60 degrees in the room, but I don't drink too much of that either.

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## CHICKEN LIVERS AND RICE.

(As Prepared from M. Bailly's Recipe.)

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## Summer Warmth on Winter Days



THIS is a big point of superiority with the Campbell System—the heat is moistened. It leaves the skin in its natural condition, not wrinkled and dried out—it preserves the woodwork and furniture. The whole house is warm and comfortable, the air is pleasant to breathe, it is a delightful place to live.

## CAMPBELL'S WINTER CHASER

is just what the name implies—it "chases" the winter, and brings you all the comforts of summer. Gives heat when it is most needed.

Chaser is best—why it insures plenty of warm, clean, moist air without waste of fuel. Will you let us explain more fully this adaptable, simple, economical heater which we guarantee?

It burns its fuel by a slow and thorough combustion. The large firepot and water reservoir—the big air-chamber and entrance door in jacket—all are vital reasons why the Winter

And the maker and the man who installs it, both stand back of the job, if everything is not absolutely agreed, the outfit will be immediately removed, and all money refunded.

EL PASO SHEET METAL WORKS, 402 Texas Street  
Bell Phone 548 Auto 1148

## Points To Be Noted In Buying Irrigable Land

By R. B. BEDIKHEK.

THE director of the reclamation service of the United States, Dr. Samuel Fortier, in Farmer's bulletin No. 262, entitled "Practical Information for Beginners in Irrigation," proposes certain tests which the prospective purchaser of irrigable land should keep firmly in mind before investing his money. It would be well if every prospective investor in the Mimbres valley had read this bulletin, and a careful examination is necessary before purchasing such rights.

The Mimbres valley is a section in which there are not and can be no irrigation rights. The individual farmer develops his water right independently, and he relies upon no company, corporation or promoter, and he runs no risk of having his water taken away from him, nor is he ever put to the expense of litigation to establish the right which he has purchased.

Mr. Fortier says concerning water: "The reason why water rights sell below their value to the farmers is largely due to the uncertainty regarding titles. In very many cases water rights have never been defined and established, and a careful examination is necessary before purchasing such rights."

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removed, even this exceptional condition is easily overcome. Mr. Fortier warns intending purchasers regarding the purchase of water rights, as follows:

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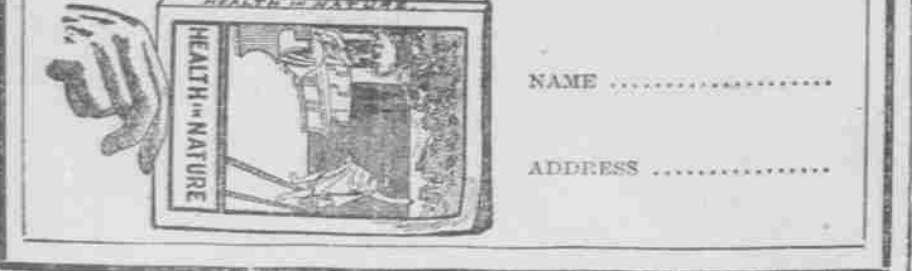
Your Vital Strength  
Can Be Restored

Strong, vital, manly manhood fascinates all who come within its influence. As true as you are a living, breathing human being, you can restore your VITALITY. MANHOOD there is a shadow of a doubt as to what I can do. BUT there is a single condition, one restriction I put, a certain solemn promise I exact from you before you can exact a promise from me; namely, you must unconditionally agree now at once and forever to discontinue any wasting, debilitating excess or dissipation that you may be indulging; with this out of the way, I will do all the rest. Remember, what I say, no matter what your present condition, no matter what has happened in the past, just forget it and put yourself in my hands; everything will come out as you wish it. I use no drugs, no lotions, no medicines; I place no foolish restrictions upon you; just lead a natural life, get all the enjoyment you possibly can, but cease dissipation; always remember that I can then restore your vital energy; I can take you out of the half-man class and put you in the class of full, healthy, contented, manly vigor; I can make you feel young again and keep you feeling young to the ripe old age, because I drive into your system the one thing which keeps the whole organism in balance, namely, VITALITY. My HEALTH BELT with suspensory attachment is the greatest single self-treatment remedy or VITALITY RESTORATIVE that the world has ever known, and I can tell you, I have ever known, it is worn comfortably about the waist as strong, healthy and vigorous as the best, fullest-blooded man of your acquaintance. The matter is easy if you do your part. Never mind about buying a HEALTH BELT as yet; first get in communication with me; read over my booklet and if you want to do so tell me your physical ailments that I may advise you a little later we can arrange in some way for you to try my HEALTH BELT. But first fill in the coupon and get the book free or call at my office. My HEALTH BELT also cures Rheumatism, Kidney, Liver and Stomach disorders.

## LET ME SEND YOU THIS BOOK FREE

Fill in the coupon; let me send you at once my free booklet in plain sealed envelope; it is profusely illustrated with half-tone photos; keep it in your pocket for easy reference; read the chapter on Vitality; read the chapter on Debility; read the chapter on those subjects which

DR. E. A. SANDEN CO., 1261 Broadway, New York, N.Y.  
Dear Sirs—Please forward me your Book, as advertised, free, sealed.



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## Milady's Toilet Table

By MME. D'VILLE.

"For dark and discolored skin, enlarged pores, blotches and other facial blemishes a simple lotion made at home is highly recommended. Dissolve an original package of mayatone in a half pint water and rub a little on the face, neck and arms each morning. This is better than powder, for it tends to correct faulty complexion and makes the skin soft, smooth and youthful looking."

"Plain pyroxin applied to thin and straggly eyebrows with finger tips causes them to grow in thick and beautiful. Pyroxin with some in long and curly if pyroxin is applied to the roots with forefinger and thumb."

"A dry shampoo refreshes the scalp, removes dust, excess oil and dandruff, and leaves the hair beautifully fluffy, light and lustrous. To make the shampoo, powder, mix four ounces of powdered aris root with one original package of therox. Sprinkle a teaspoonful on the head, brush it out thoroughly, and you will be delighted with the result."

"An effective and satisfactory method of removing superfluous hair is to apply delatone paste to the hairy surface, allow to remain two or three minutes, then wipe off, wash the skin, and the hairs will be gone. To make the paste, simply mix powdered delatone with water."—Adv.